

2021 Athlete Guide

Brick Endurance Summer Triathlon Series

I would like to thank you for joining us this season.

We have 5 total races at Rolling View State Park, 4201 Baptist road Durham, NC. The transition area is located inside the state park in front of the boat beach. Once you pull into the state park there is a ranger station where you will need to purchase a park pass for the evening. Drive straight down the park road and almost a mile in on the right is a big parking lot and boat launch.

We will start check in at 4:45 in front of the boat beach. I will be going over the course and answering any questions at 5:45 at the boat launch. The race begins at 6pm sharp at the boat launch dock. For the September race we will need to start at 5:45 pm. All routes for the swim, bike and run are posted on our website brickendurance.com

With this past year we obviously have experienced many changes in the way we are doing things. We are now following CDC and state guide lines for COVID 19. The State park requires a cloth mask outside if you can not keep a 6 ft distance form one another. I have attached our covid plan questionnaire to this guide and must be followed. We will have extra masks and hand sanitizer available.

When racking your bike this is a first come first serve basis. We are limited to 2 bike per rack and 6 ft between. Also have a face covering for in transition to wear on the run when distancing is not available.

Once the race is completed we will do age group and top 3 finishers male and female. We all must be out of the park by 9pm May-August and at 8 pm in September. I am also stickler for leaving things the way you find them or better. So please clean up after yourself. If you carry it in, carry it out.

If you can not make any of the races because of Covid please contact me in advance and I will be glad to move your registration to another Wednesday race.

Please email or call with any questions.

Chad Duffy

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Brick Endurance summer tri series at Rolling View state park Covid 19 Safety plan

We plan to follow all guidelines set by Governor Roy Cooper and the CDC.

Questionnaire for athletes, volunteers and spectators prior to the event.

1. Have you tested positive or been in contact with someone who has tested positive for covid 19 in the past 14 days.
2. Do you have any of the following : fever, cough, sore throat, runny or stuffy nose, vomiting, diarrhea, loss of taste or smell.
3. Have you or a person in close contact traveled in or out of the state of North Carolina in the past 14 days?

If you answer yes to any of these questions we ask that you do not come to the event.

A temperature check will be done when checking in if their temperature is above 100 degrees the person will be told to leave the event.

We will be limiting the participation to 30 people to account for staff volunteers and support people. We will have hand sanitizer and extra masks available. The areas that will have heavy contact will be sanitized regularly.

We are asking that everyone use the 6ft distance rule and to wear a cloth mask when that is not possible.

We are going to do a mass swim start with everyone spread out 6ft. Faster swimmers in front. Then in bike transition we are limiting 2 bikes to rack 10ft long and rows of racks will be 10ft apart so 6ft distance is kept. On the run we are requiring the athletes to bring a face covering to put on while they are within 6ft of another runner or volunteer.

Post race time announcements and awards will be done at a distance awards will be done one person at a time and they will be able to pick up the award from a designated table.



North Carolina Division of Parks and Recreation

Governor Roy Cooper

Secretary D. Reid Wilson

Special Activity Permit COVID-19 Addendum

Per the NC Dept. of Health and Human Services and the CDC, any scenario in which many people gather together poses a risk for COVID-19 transmission. All businesses and organizations where groups of people gather should create and implement a plan to minimize the opportunity for COVID-19 transmission. At the time of approval for your Special Activity Permit, your activity falls within current guidance and restrictions for COVID-19. **However, in the event of changes to NC's guidance or restrictions, your permit is subject to modification or cancellation at any time.** Cancellations due to this would be eligible for a full refund.

The following COVID-19 guidelines are in place for your Special Activity Permit:

Social Distancing and Minimizing Exposure

Your event should encourage all attendees to maintain social distancing of at least 6 feet from other people whenever possible. The current mass gathering limits are 25 people or less indoors, and 50 people or less outdoors.

Cloth Face Coverings

Properly worn cloth face coverings are required in public, even outdoors, when it is not possible to consistently be physically distant by more than 6 feet from non-household members, unless an exception applies.

Cleaning and Hygiene

Washing hands with soap for 20 seconds or using hand sanitizer reduces the spread of transmission. Your event should make hand sanitizer available for all participants.

Monitoring for Symptoms

Anyone that has been diagnosed with COVID-19, has had close contact with someone diagnosed with COVID-19, or has symptoms of COVID-19 should stay home until they can follow current CDC guidelines on when they can be around others again.

This is not meant to be an exhaustive list. Additional restrictions may apply, and organizations are encouraged to develop their own COVID-19 plans for the safety of their attendees. Additional information can be found at: <https://covid19.ncdhhs.gov/guidance>

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